

# Certified Peer Specialist Training

June 24—28, 2013

Nazareth Retreat Center

4450 N. Five Mile Rd., Boise, ID 83709

The Training Program will give you the skills, knowledge, and self-awareness to help other persons in their recovery

A five-day training program that prepares persons with a mental illness to work as Peer Specialists

During the five-day training you will learn:

- ◆ The role of a Peer Specialist
- ◆ Using your recovery story
- ◆ Effective listening
- ◆ The five stages in the recovery process
- ◆ The building blocks of the recovery process
- ◆ Creating and achieving recovery goals
- ◆ Combatting negative self-talk
- ◆ Facing one's fears
- ◆ Ways to promote one's recovery through relationships, beliefs, and problem solving
- ◆ Facilitating recovery through dialogue
- ◆ Peer specialist ethics
- ◆ Workplace issues

**1** Go to Mountain States Group, Inc. Website and download the Peer Specialist Application or email/call Martha Ekhoﬀ, have one mailed to you at: mekhoff@mtnstatesgroup.org or (208) 336-5533 ext. 340 or Patty McCrorie (208)-336-5533 ext. 271.

**2** Please follow all the application instructions, including the part about completing sections in your own handwriting. Then return the completed application with two letters of reference to Mountain States Group, Inc.

**3** If you meet the minimum requirements and are selected for the **Free Training**, we will be in contact with you to discuss travel and lodging arrangements for the up-coming training.

**4** Attend the 5-day training and complete the Peer Specialist Certification exam. Once you pass the exam you will receive a Peer Specialist Certificate allowing you to be employed in this specific work position.



CONTACT: Martha Ekhoﬀ  
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**APPLICATIONS MUST BE RECEIVED BY MAY 15**

*A Program of Mountain States Group, Inc.*  
Funding and Assistance from the Idaho Department  
of Health and Welfare Division of Behavioral Health